

## Washington Rock Climbing Gear List

Northwest Mountain School will provide all of the climbing hardware, ropes, and belay devices. If you have any of your own technical climbing gear that you would like to use, please feel free to bring it along.

Items included in this list are required. However, the specific products listed as examples are not. The examples listed below are the products we use ourselves. Comparable products from other manufacturers are interchangeable.

Items marked with a **(R)** are available to rent. Quantities are limited and available on a first-come, first-served basis.

Items marked with an **(O)** are optional.

If you have any questions please don't hesitate to contact our office.

### Gear for Basic Rock, Intro to Lead, Rock Rescue, Group Climbs and Anchor Clinics:

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#### Climbing Gear

- Rock Shoes (R):** i.e. La Sportiva Finale or La Sportiva TC Pro
- Helmet (R):** i.e. Petzl Sirocco or Petzl Meteor
- Harness (R):** i.e. Petzl Adjama or Petzl Luna
- Daypack:** i.e. Black Diamond Magnum 20L

#### Clothing

- T-shirt & Shorts**
- Long Sleeved Top**
- Jacket**
- Long Pants** (for early or late season or for long climbs - weather dependent)
- Baseball cap**
- Approach Shoes or Running Shoes:** i.e. La Sportiva TX3 or La Sportiva Wildcat

#### Other Items

- Sunscreen & Lip Balm w/ sunscreen**
- 2 Liters of water**
- Sunglasses**
- Lunch food**
- Camera (Optional)**

#### Foul/Cold Weather add:

- Rain jacket & pants**
- Light gloves**
- Light Down/Synthetic Jacket:** This can be nice for belays in the spring or late fall, i.e. Patagonia Nano Air Hoody
- Warm Hat**
- Synthetic Long underwear bottoms:** i.e. Patagonia Capeline 2



## Crack Climbing Clinics add:

- 1 Roll 1.5" Cotton Athletic tape

## For Group Organizers

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We are happy to help facilitate any of the pre-climb details. For rock shoe rentals you can email a list of the sizes you will need along with a credit card number for payment to [info@mountainschool.com](mailto:info@mountainschool.com). If you would like to order lunches for the group we can help facilitate this also (for our Leavenworth programs).

## Note for Multi-pitch climbs

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As we get further off the ground it becomes more important to have climbing specific gear. Please see the additional notes below.

### Items that are slightly different from basic list

- Daypack:** 15 – 30 L Pack this should be as light and simple. i.e. Petzl Bug or Cilo Gear 30L WorkSack
- Long Sleeved Top:** Synthetic light to mid-weight long underwear. i.e. Patagonia R1 Hoody or Patagonia Capilene Midweight Top
- Long Pants:** Synthetic soft-shell type pants. i.e. Patagonia Simul Alpine Pants
- Jacket:** This should be a lightweight warm layer. It can be made of fleece or other synthetic material. i.e. Patagonia Nano Air Hoody
- Rain Jacket:** While often not necessary this is often good to have on longer routes in early or late season. This should be as light as possible. i.e. Patagonia Calcite Jacket

### Items that are in addition to the basic list

- Belay Device:** i.e. Petzl Reverso 4
- 2 Locking Carabiners:** i.e. Petzl Attache
- 1 Double Length Sewn Sling:** i.e. Petzl Fin'anneau 120 cm

## Gear Shops

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**Ascent Outdoors:** A great gear shop with locations in Seattle and Redmond. Ascent Outdoors sells new and used gear. [www.ascentoutdoors.com](http://www.ascentoutdoors.com)

**Feathered Friends:** Another great Seattle shop. [www.featheredfriends.com](http://www.featheredfriends.com)

