

Leavenworth Rock Climbing Gear List

Northwest Mountain School will provide all of the climbing hardware, ropes, and belay devices. If you have any of your own technical climbing gear that you would like to use please feel free to bring it along. We can also loan harnesses and helmets upon request, please call ahead to reserve these items. Helmets are required.

Gear for Basic Rock, Intro to Lead, Rock Rescue, Group Climbs and Anchor Clinics:

Climbing Gear

- Rock Shoes:** La Sportiva shoes available to rent from NMS.
- Helmet:** We can provide - please call/email to reserve in advance. i.e. Petzl Adjama
- Harness:** We can provide - please call/email to reserve in advance. i.e. Petzl Elios or Meteor III
- Daypack**

Clothing

- T-shirt & Shorts**
- Long Sleeved Top**
- Jacket**
- Long Pants**
- Baseball cap**
- Approach Shoes or Running Shoes:** i.e. Sportiva Boulder X

Other Items

- Sunscreen & Lip Balm w/ sunscreen**
- 2 Liters of water**
- Sunglasses**
- Lunch food**
- Camera (Optional)**

Foul/Cold Weather add:

- Rain jacket & pants**
- Light gloves**
- Light Down Jacket:** This can be nice for belays in the spring or late fall
- Warm Hat**
- Synthetic Long underwear bottoms**

Crack Climbing Clinics add:

- 1 Roll 1.5" Cotton Athletic tape**

For Group Organizers

We are happy to help facilitate any of the pre-climb details. For rock shoe rentals you can email a list of the sizes you will need along with a credit card number for payment to olivia@mountainschool.com. If you would like to order lunches for the group we can help facilitate this also.



Note for Multi-pitch climbs

As we get more into climbing and move further off the ground it becomes more important to have climbing specific gear. Please see the additional notes below.

Items that are slightly different from basic list

- Daypack:** 20 – 30 L Pack this should be as light and simple. i.e. Cilo Gear 30L WorkSack
- Long Sleeved Top:** Synthetic light to mid-weight long underwear. i.e. Patagonia R1 or Piton Hybrid Hoody.
- Long Pants:** Synthetic soft-shell type pants. i.e. Patagonia Simul Alpine Pants
- Jacket:** This should be a lightweight warm layer. It can be made of fleece or other synthetic material. i.e. Patagonia Nano-Air Hoody
- Rain Jacket:** While often not necessary this is often good to have on longer routes in early or late season. This should be as light as possible. i.e. Patagonia Torrentshell or M10 Jacket

Items that are in addition to the basic list

- Belay Device:** i.e. Petzl Reverso 4
- 2 Locking Carabiners:** i.e. Petzl Attache Screw-lock
- 1 Double Length Sewn Sling:** i.e. Petzl Fin'anneau 120 cm

Gear Shops

Leavenworth Mountain Sports: Tell them you are taking a NMS course and receive 20% off rentals or 10% off of gear purchases. www.leavenworthmtnsports.com or (509) 548-7864

Feathered Friends: Also a great source for all of your gear needs. Tell them you are taking a NMS course and receive 20% off rentals or 10% off of gear purchases. www.featheredfriends.com Seattle, WA

Second Ascent: Another great gear shop in Seattle. Second Ascent sells new and used gear. www.secondascent.com

